

Cathy Crew Epperson, a Russell County native, has called Pulaski County home for the past 48 years. She holds a Master of Science degree from the University of Kentucky and has dedicated her career to serving and leading her community. Currently, Cathy serves as Chairperson of the South Kentucky Rural Electric Cooperative (RECC) Board and works as an IPS Supported Employment Fidelity Reviewer for the University of Kentucky's Human Development Institute.

Since joining the board, Cathy has distinguished herself further by earning a Director Gold Credential from the National Rural Electric Cooperative Association (NRECA). This achievement demonstrates her commitment to expanding her industry knowledge and improving the quality of service for members.

Cathy's career spans an impressive 44 years in the South Kentucky RECC region. Her professional journey includes impactful roles at the University of Kentucky Human Development Institute, the National Alliance on Mental Illness (NAMI), and the Adanta Group. As CEO of the Adanta Group, she managed a budget of \$24 million and led a team of over 500 employees, highlighting her strong leadership and management skills. After an extraordinary 28.5 years with the Adanta Group Mental Health Center, Cathy retired.

In addition to her extensive professional accomplishments, Cathy has played a crucial role in community leadership. She served on the Somerset-Pulaski County Chamber of Commerce Board for six years, including a term as Chamber President. For the past ten years, she has mentored participants in Leadership Lake Cumberland, guiding the next generation of local leaders. Cathy has also served as Chair of the Habitat for Humanity Board. As an active member of Langdon Street Baptist Church, her community engagement is deep and enduring.

Cathy has been married to Greg Epperson for 42 years. Together, they have three children—Whitney, Cody, and Justin—and three grandchildren—Blake, Ava, and Blair. Her extensive experience, proven leadership, and unwavering dedication to her community make Cathy an invaluable asset to the South Kentucky RECC Board and a leader for our region.